

Derrick Doige, M.Ed, CCC
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M.Ed. Counselling Psychology
McGill University, Montreal, Quebec
September 1994 - June 1996

**B.A. Psychology/Sociology,
Concentration in Criminology**
Carleton University, Ottawa, Ontario
September 1987 - June 1991
Graduated with Highest Honours.

SUMMARY OF QUALIFICATIONS & STRENGTHS

- Certified Canadian Counsellor (CCC) since 2000 (certificate #1332)
- Over ten years of professional counselling experience
- Energetic, enthusiastic, adaptable & highly motivated
- Extensive knowledge and experience in counselling & crisis intervention
- Expertise in anger management and non-violence counselling
- Experience in innovative program development, workshop delivery and proposal writing
- Experience co-ordinating, training & supervising students and volunteers
- Effective leadership & strong computer/organizational skills
- Sensitive to cross cultural, gender and diversity issues

PROFESSIONAL & RELATED EXPERIENCE

Counsellor/Therapist - Private Practice, 05/2007 -
Two Wheels Good Counselling Services, Vernon BC
www3.telus.net/public/twowheel/

- Specializing in depression, anxiety, stress, relationship, anger management, personal coaching and career counselling.

Counsellor, 08/2000 -
Okanagan College, Vernon BC,
<http://people.okanagan.bc.ca/ddoige/>

- Provide personal counselling (individual and group).
- Provide career counselling and career planning workshops.
- Provide developmental and student success programming.
- Organize Kalamalka campus fall orientation.
- Provide appropriate referrals to other OC services and community services.
- Respond to campus crises and emergencies as required.
- Participate on campus committees and develop.
- Department web master and past chair.

Counsellor/Therapist,

10/96 – 06/2000

University of Guelph, Guelph, Ontario,

- Provided individual, couple & group counselling to university students.
- Developed and delivered psycho-educational/therapeutic workshops and programs to university students and university groups.
- Responded to campus crises and emergencies as required.
- Provided training and consultation to faculty and staff regarding student mental health issues.
- Supervised co-ordinator of the Men Against Sexual Aggression (MASA) program.
- Participated on University committees and Student Services task forces.
- Web Master for Counselling Services.

Co-ordinator - Student to Student Support Services

05/98 –06/2000

University of Guelph, Guelph, Ontario,

- Co-ordinated the peer counselling centre on campus consisting of an “After Hours” Drop-in and Support Line (staffed by approximately 45 volunteers).
- Responsible for volunteer recruitment, training, supervision & recognition, program promotion, managing the budget, and student initiative proposal writing.

Board Member

04/98 - 04/2000

Distress Centre Wellington Dufferin, Guelph, Ontario

- Participated in monthly board meetings and project development.
- Actively involved in fundraising initiatives and campaigns.

Counsellor/Group Facilitator (contract worker)

04/97- 07/2000

Family Counselling and Support Services, Guelph, Ontario

- Facilitated Non-Violence Group Therapy Programs for Men.
- Provided individual, couple & family counselling for EAP clients.

Counsellor/Therapist (Part-time)

09/96 - 09/97

Wilfrid Laurier University, Waterloo, Ontario

- Provided individual and couple counselling for the Laurier community (students, staff, and professors).
- Provided supervision to an undergraduate student on placement.

Counsellor Intern

09/95 - 04/96

Concordia University, Montreal, Quebec.

- 600 hour supervised internship.
- Provided individual (personal and career) and relationship counselling to a multicultural student population.
- Co-lead an Assertiveness Training Workshop.

English Teacher (JET Program)

07/92 - 07/94

Niitsu High School, Niitsu, Niigata, Japan.

- Taught English to Japanese high school students.
- Facilitated student English clubs.
- Promoted internationalization to students and the local community.

Crisis Intervention Counsellor/CaseManager

05/89 - 06/92

CanCare Employee Assistance Program, Ottawa, Ontario

- Responsible for client intakes and follow-up interviews.
- Crisis intervention counselling.
- Preparation of quarterly statistical reports.

PROFESSIONAL AFFILIATIONS & CERTIFICATION

- Canadian Certified Counsellor (CCC) with the Canadian Counselling Association (CCA)
- British Columbia Post-Secondary Counsellors' Association (PSCA), treasurer and web master (www.bcpsca.com) .

PROFESSIONAL PRESENTATIONS

Doige, D.P., (2000, June). Student to student support services: When you need someone to talk to. Paper presented at the annual CACUSS conference, Toronto, Ontario.

Sinacore, A.L., Doige, D.P., Winter-Fledderus, S. (1996, August). Fathers and their families: The relationship with job satisfaction. Paper presented at the International Congress of Psychology, Montreal, Quebec.

Doige, D.P., Healy, P., Sinacore, A.L. (1995, July). The second shift: Why so few men share it equally. Paper presented at the First International Congress on Men, Ottawa, Ontario.

PUBLICATIONS

Doige, D.P. (1990, Autumn). Young offenders. Canadian Social Trends, pp. 11-14.

RESEARCH

- Member of Dr. Ada L. Sinacore's Research Team at McGill University from January 1995 to June 1996

PROFESSIONAL WORKSHOPS AND PSYCHO-EDUCATIONAL GROUPS

Developed and delivered the following workshops and psycho-educational groups:

- Anger Management
- Assertiveness training
- Building a Personal Mission Statement
- Career Planning
- Challenging Callers
- Communication Skills
- Conflict Resolution & Group Unity
- Depression
- Helping Relationships
- Self-esteem
- Student Success (five part series)
- Stress Management & Relaxation Skills
- Suicide & Crisis Intervention Skills
- Team Leader Leadership Training

PROFESSIONAL DEVELOPMENT

- Inspiration in Narrative Therapy, Michael White – Presenter. September 1997, Toronto, Ontario.
- New Developments in the Treatment of Anxiety Disorders, Dr. David Barlow – Presenter. October 1998, London, Ontario.
- Canadian Association of College & University Student Services, Annual Conference, June 2000, Toronto, Ontario.
- Canadian Association of College & University Student Services, Annual Conference, June 2001, Montreal, Quebec.
- BC Post- Secondary Counsellors' Association, Annual Conference, October 2001, Royal Roads University, Victoria British Columbia.
- BC Post- Secondary Counsellors' Association, Annual Conference, October 2002, Naramata, British Columbia.
- Canadian Association of College & University Student Services, Annual Conference, June 2003, UBC, British Columbia.
- Secrets of Therapeutic Success: How to Overcome Resistance, Dr. David Burns – Presenter. July 2004, Kelowna British Columbia.
- BC Post- Secondary Counsellors' Association, Annual Conference, October 2004, Whistler, British Columbia.
- College of the Overwhelmed, Dr. Richard Kadison – Presenter. June 2005, Douglas College, British Columbia.
- Sexual Orientation Issues in Healthcare, Dr. Randy Paterson – Presenter. May 2006, Kelowna, British Columbia.
- Anxiety Disorders Education Conference, Dr. Reid Wilson – Presenter. October 2006, Vernon, British Columbia.
- Harnessing Hope and Reducing Relapse: Engaging Clients in Cognitive Therapy for Depression, Dr. Christine Padesky – Presenter. April 2007, Kamloops, British Columbia.
- The Neurobiology of Substance Abuse and Balancing the Brain, Dr. Bayla Schecter – Presenter. April 2007, Kelowna, British Columbia.

REFERENCES

- Vicki Bruce, Director of Student Services – Camosun College, Victoria BC. (250) 370-3559 brucev@camosun.bc.ca
- Jim Hamilton, President, Okanagan College. (250) 762-5445 jhamilton@okanagan.bc.ca
- Bruno Mancini, Assistant Director of Counselling Services, University of Guelph, Ont. (519) 824-4120 ext. 52386. bmancini@uoguelph.ca
- Ada L. Sinacore, Professor, Department of Educational and Counselling Psychology, McGill University, PQ. (514) 398-3446. ADA.SINACORE@MCGILL.CA

LETTERS OF REFERENCE AVAILABLE UPON REQUEST